



**\*For lunch, each plate must have at least 3 components and 1 component must be a fruit or vegetable to be counted as reimbursable meal. If the plate does not contain these items, the student will be charged ala carte pricing. Any extras will be charged Ala Carte pricing also. The 5 Components of a lunch are, Meat/Mt alternate, Fruit, Vegetable, Grains, Milk.**

**\*\*For breakfast, each plate must have at least 3 items and 1 item must be some fruit. 4 items must be offered to students each breakfast. The 4 components of a breakfast are, Grains (& Meat/Meat alternates) Fruit, 100% fruit juice, Milk.**