



PHS Menu 2022-2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Asian bowl Bread & butter Chicken nuggets Bread & butter	Italian Toasted Cheese Popcorn chicken bowl w/breadstick	Salad Bar Fiestada pizza Italian plate (Chicken Fingers, pasta & Sauce w/breadstick	Salad/Sub Bar Double day dog 2nd dog- \$.75 Deli style subs	Stuffed Crust Pizza Buffalo Pop Corn Chicken Bread w/ Butter
Corn dogs General Tso's chicken w/ rice	Breakfast Pizza Build your own Burger Bar	Salad/Taco Bar Chicken Ranch Wrap Walking taco w/ Doritos	Fajita/Salad Bar Chicken fajita or Lasagna Roll Up With Garlic Bread	Dutch waffle w/sausage links French Bread w/pizza sauce
Meatball sub w/sauce & cheese or Chili dog/bun or Frito chili pie	Chicken parmesan on bun or Garlic French Bread w/Pizza Sauce	Burrito/Salad Bar Chicken fingers Bread & butter Burrito Bowl	Sub/Salad Bar Hot Italian Sub or Tomato Soup w/ Toasted cheese	Baked Potato Bar Chicken nuggets Fiestada Pizza Bread & butter
Pasta & meat sauce w/ garlic bread Pepperoni calzone	Chicken patty/bun Bosco sticks w/pizza sauce	Build Your Own Hot Dog Bar w/Bun Chicken alfredo w/a twist & Bread stick	Salad Bar BBQ Pork/bun Pizza Crunchers w/sauce	Mini corn dogs Nachos & cheese
Sausage Pizza Breaded mozzarella sticks w/marinara sauce	Chicken nuggets Garlic breadstick French Toast w/ Sausage	Salad/Taco Bar Grilled chicken club Sandwich on Ciabatta bread Tacos/taco salad	Salad Bar General Tso's chicken w/rice or Bacon cheeseburger	Chipotle chicken wrap Mac & Cheese w/ Bread and Butter
Week of:	Find the date of the week and match to the color above			May 15th to the 19th
August 24th to the 26th	24th to the 28th	January 3rd to the 6th	March 6th to the 10th	22nd to 26th Cooks Choice
Aug. 29th to September 2nd	Oct 31st to November 4th	9th to the 13th	13th to the 17th	30th to the 31st cooks choice
September 6th to 9th	November 7th to the 11th	17th to the 20th	20th to the 24th	
12th to the 16th	14th to the 18th	23rd to the 27th	27th to the 31st	Lunch prices:
19th to the 23rd	21st to the 23rd	Jan. 30th to February 3rd	April 3rd to the 6th	Student: \$3.00
26th to the 30th	Nov. 29th to December 2nd	February 6 to the 10th	17th to the 18th	Reduced: \$0.40
October 3rd to the 6th	December 5th to the 9th	13th to the 16th	24th to the 28th	Milk: \$0.50
10th to the 14th	12th to the 16th	22nd to the 24th	May 1st to the 5th	Adult: \$3.75
17th to the 21st	19th to the 21st	Feb. 27th to March 3rd	8th to the 12th	Adult wo /milk \$3.25
This institution is an equal opportunity provider and employer.				Daily choice of Toft's low-fat milk, assorted fruits, & vegetables, hamburger on a bun, cold meat sandwich, peanut butter & jelly.
To fill out a free and <u> </u> reduced lunch application go to the District Website click on the Parent/Guardian tab Then click on PaySchools Central				
Lunch Applications must be completed by September 30th 2022				
Parent Help line for applications 877-396-6628				
Menus are subject to change without notice				
All lunch trays must have a Fruit or a Vegetable for the tray price.				

